

Residents Meeting & Family Forum

On the First Thursday of Every month we have our residents meeting and discuss things that you are concerned with good or bad. We endeavour to put right the wrongs and keep doing the rights. On the same day in the evening we invite all family members to visit for an informal chat with Tracey and meet with other families.

Up and Coming Events

What is Christina brewing up?

Our very own resident cook, Christina, will be heating things up for staff and residents with her new cookery classes. You haven't lived if you haven't tasted some of the treats Christina creates! Learn how to make mouth-watering, show-stopping desserts and traditional family favourites. Keep an eye on the activities board for her next demonstration.

Birmingham Royal Ballet

St Bernards is delighted to be liaising with Birmingham Royal Ballet and look forward to a long and lasting partnership. We will update you on new developments soon.

Note to all residents and family members
If there are any activities or places you are interested in visiting, please let reception know so they are able to inform the Activities Team.

Macmillan Tea and Coffee Afternoon

On Sunday 29th September at 2pm we are hosting our very own Tea Party to raise money for the Macmillan Nurses. So, tell your friends and family to come and enjoy the cakes and Tea with us for a very good cause.

Thursdays are Minibus days

John our new minibus driver is ready to take you out on adventures on a Thursday afternoon.

Intergeneration Project 'The Kiddies are back'

Every Thursday at around 10.15 we will have the pleasure of these little people, come and join us and experience the fun.

76 St Bernards Road
Olton
Solihull
West Midlands
B92 7BP

Telephone: 0121 708 0177
Fax: 0121 707 6434
Email: info@stbernardscare.co.uk

WWW.stbernardscare.co.uk



St. Bernards
Individual Care

September 2019

News

Your guide to a life at St Bernards



"By all these lovely tokens, September days are here, with summers best of weather and Autumns best of cheer."

Helen Hunt Jackson

As summer is coming to a close and we welcome the autumn months, we reflect back on the season past and rejoice in the new opportunities the year brings.

From Summer Fete bonanzas, new staff, cookbook releases and many more, it's been an unforgettable one, here at St Bernards.

New Starters

Lacey Todd (bank)
Amy Pottinger
Nicolle Bailey
Antonia Connolly
Amanda Lowe
Danielle Weller
Lisa Norman
Vicky Kevin (returning)
Kerry Martin (bank)
Michelle Ezhaya
John – new minibus driver –
Great trips planned ahead!

New Senior Staff Appointments

Daniella Munteanu – Activities and
Hospitality Manager
Sharon Levell – Compliance Manager
Priya Chauhan – Marketing
Vivien Hall – Communications

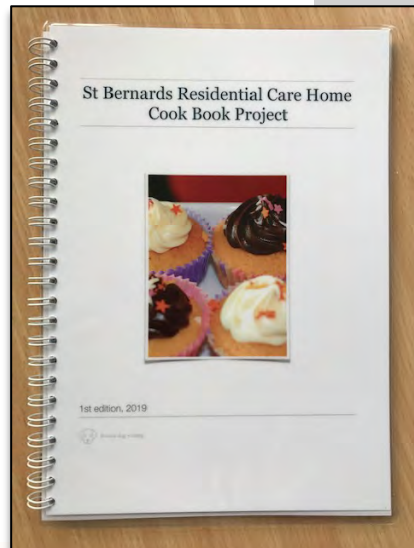
Summer Fete Success

The annual Summer Fete was held at the home on 20 July and was a huge success. The home welcomed friends and family to enjoy garden entertainment, scrumptious cakes, bargains on the bric-a-brac, raffle fun, and a good, old British barbeque!

A total of £800 was raised – well done to everyone involved!

Residents Cookbook

To the joy of the home, we received a grant from the Council to fund a new initiative in the St Bernards Residents Cookbook.



This isn't your average cookbook though. The creation of the cookbook was an activity to not only exercise the memory muscle, but also a thoughtful way of creating a piece of legacy for each resident through the form of a cooking recipe.

Food is frequently linked with comfort, so revisiting favourite dishes is often associated with great stories and memories.

You can find a copy of your cookbook at reception; all proceeds will go to the Alzheimer's Association.