



## *Stay alert and carry on*

The Coronavirus pandemic is still very much in focus at the moment in terms of protection and shielding in our home. There was a length of time, we were unable to allow any external guests to the home apart from staff and medical practitioners.

With this being said, we also understand the importance of the mental well-being of our residents at such a time. This is why we have introduced 'Garden Visits' at St. Bernards.

### **What does this mean?**

You are now able to see your loved ones under Public Health Guidelines on an appointment basis only. We have a beautiful, spacious garden, where residents and their loved ones can meet in a comfortable and safe setting. With ample seating across the grounds, you are able to enjoy the views in the company of our resident.



### *The Garden Spa open for residents and family visits*

When the weather takes a little turn, rest assured that the visits will still take place. The much loved Garden Spa is ready for visits from residents family and friends. It is fully heated, and also has bi-folding doors overlooking the grounds equipped with comfortable seating inside.

1. You will need to call St. Bernards Residential on 0121 708 0177 and find out the availability, we are currently limiting to 4 visits per day
2. Once you have your slot, you will need to make sure you have a nose and mouth covering (gloves are optional) which will need to be worn throughout the visit
3. Upon arrival, you can ring the main reception where you will be greeted by a member of staff who will then escort you to the garden from the side entrance gate
4. You will be seated in a designated area in the garden where your loved one will be brought to you

### *Can't make a visit?*

Remember we still offer all our residents a video call service to stay connected with their friends and family.

We have ipads that have been set up specially for this. To speak to a resident via video, call our reception any time to arrange this.