

April 2019

# News

Your guide to a life at St Bernards



## A warm welcome to our spring addition!

Spring is a time when the air is clear and the daffodils and tulips are sprouting to the sky, for no matter how long Winter is Spring is sure to follow.

## New Staff

A big welcome ...

We would like to say a huge welcome to the new staff members.

All the new staff have been handpicked for you from a large number of candidates.

*Tracey Chester,  
Care Home Manager*

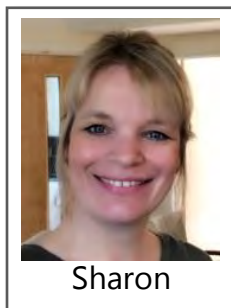
*"I have never worked for such a welcoming team. Very supportive staff and lovely residents"*  
*Louise*



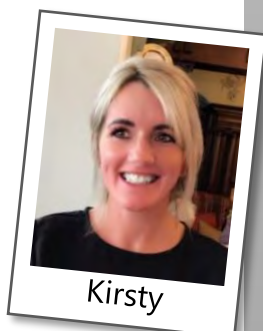
Louise



Helen



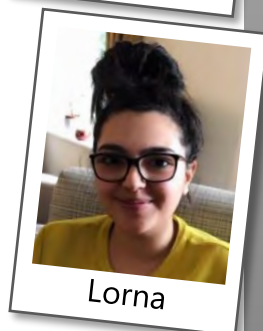
Sharon



Kirsty



Sophie



Lorna



Chloe



Jess



Alison

## Baby News...

### Another St Bernard's Baby

We would all like to congratulate Priya for the safe delivery of Phoenix a beautiful baby girl born in March.



## Vintage Tea at 3



Our Hostess with the Mostess has brought in our beautiful Vintage Teas every Tuesday. A wonderful time to socialise and enjoy a fabulous British custom. All are welcome.

# The Key Worker Project

As part of our focus on Person Centred Care we are pushing the Key Worker programme further. As well as the Key Worker getting to know you and your life history, we would also like to know what activities you like and if you have a 'Bucket List'. This is so we can individualise our care for each of our residents.



Elsie & Sharon



We had our first Family Forum last month which was a great success. It's a chance to meet other families and have an informal chat with Tracey, our Care Home Manager. We believe that this enables us to get ever closer to our goal of Person-Centred Care.

So please come and join us for Tea and cake for the next one which will be on Thursday 6th June at 6 - 8.

*Let's get busy with our crafts made by St Bernards Residents for the Summer Fete. Jams, Pom-poms, Lavender bags and much more.*

Out and about at Hogarths. The Ladies find a new friend!



## Up and Coming Events St Bernards in Bloom on 23rd June

Once again, we will be joining our neighbours in opening our gardens for this annual event. Visitors are welcome to look around and enjoy the sights for the day in aid of a good cause.



## The Summer Fete on 20th July

A fun filled extravaganza with an abundance of Cake and Tea mixed with entertainment and activities throughout the afternoon. It's not to be missed!



## Holistic Day at the Spa

Look out for our Holistic Day this month. Filled with mini treatments and meditation for the well-being of the mind and body.



76 St Bernards Road  
Olton  
Solihull  
West Midlands  
B92 7BP

Telephone: 0121 708 0177  
Fax: 0121 707 6434  
Email: [info@stbernardscare.co.uk](mailto:info@stbernardscare.co.uk)

[WWW.stbernardscare.co.uk](http://WWW.stbernardscare.co.uk)



St. Bernards  
*Individual Care*