

St. Bernards Post

Spring Newsletter 2019



Tis the season to be jolly...

Christmas at St. Bernards has been an eventful one with the halls echoing Christmas carols, the scent of mulled wine and the bustling of family and friends visiting our residents. As we usher in the new year, here are some of the highlights of 2019 and whats in store for 2020 at St. Bernards.

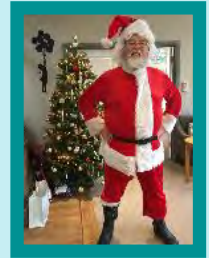
The advent of the digital age

St. Bernards Care is always trying to find new ways to improve the way we care for our residents. Technology has revolutionised the way we do most things, and the care industry is no exception. Constant investment is being made to the home that aims to enhance the lives of the residents and the work flow of the staff. There have been some substantial changes to the home which surrounds technology, and mindfulness.

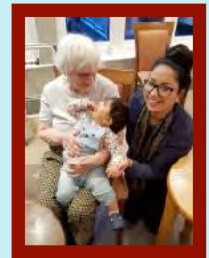
We have introduced a new digital care plan system called 'Nourish'. This basically means that the staff at St. Bernards can say goodbye to the traditional paper format of documenting, and step into the digital age of an electronic format. It has saved time, resources and most importantly it has streamlined the work flow.



“I find the Nourish system easy to use and saves time writing which allows us to spend more quality time with the residents” *Eileen Wright, Senior Carer*



Santa checks in before his busy night



Staff and residents enjoy the festivities together



Welcoming 2020 with open hearts and minds

*Wishing everyone
a happy new
year from all of
us at St.
Bernards
Residential Care*



Introducing our not so 'Tiny Table'

The 'Tiny Table', which we like to call the *Magic Table* is another addition to St. Bernards. The interactive large tablet allows residents to take advantage to an array of digital activities. The likes of chess, crosswords and many more applications are integrated on the tablet allowing residents to join group activities as well as solo.

The Tiny Table was introduced in November as it caters for all residents regardless of their ability. Dementia patients have unique applications installed that trigger stimulation and dexterity, allowing them to be as much involved in St. Bernards activities as the next resident.

Taking better steps towards Medication

As part of the digital shift in the home, the medication team have moved to an electronic administration system through a company called 'Omniceil'. Omnicell are market leaders in medical administration across the healthcare industry, offering the Medication team at St. Bernards a more efficient, safer and manageable way of allocating medicines.



“I really feel in control when I am on the medication trolley as everything is accessible from a screen, and it's so easy to use.” Abigail Bull, Carer



A lovely gesture

As a special treat from the owners of St. Bernards Residential Care, staff were sent to the Nutcracker Ballet by the Birmingham Royal Ballet at the Birmingham Hippodrome. They were bedazzled and whisked away to a world full of fantasy, magical romance and theatre. The performance was described as breathtaking and mesmerising. An event remembered and cherished by all.

A place to be heard and listened to: “St. Bernards Family Forum”

The 'Family Forum' has been running since 2018 and has been a huge success. The aim of the forum, which is held on the first Thursday of every month is a platform hosted by the Care Home manager, Tracey Chester.

It allows everyone to voice any concerns or news in a friendly open space and a chance to find out new happenings in the home as well as meet other families. The next forum will be held on the 30th January 2020. To register your interest, please email info@stbernardscare.co.uk.