

# ST. BERNARDS POST

*A look back at 2020*



## THE NEW 'NORMAL'

2020 has been dominated by the worst pandemic our generation has seen, Covid-19 has changed the way we socialise, shop, work and travel. Here at St. Bernards Residential Care, we take a look back at 2020, and embrace the positive changes, and celebrate the lives lost but equally applaud our heroes at St. Bernards. Read on to find out what we have been up to in 2020. *More on Covid, page 2*

## FACIAL RECOGNITION

We have a web based HR and Time & Attendance software system, which has been set up with the very latest touch-free facial scanners. The scanners are 4G enabled and suitable for any location and are fully GDPR compliant. This innovative and safe technology also enables us at St. Bernards to clock in and out via our own mobiles, PC or tablet. Both methods minimise staff contact with shared equipment, thereby reducing potential infection through touch to ensure the safety of both staff and residents.



*... "reducing potential infection through touch to ensure the safety of both staff and residents."*



## New Starters

# Welcome

TO ST. BERNARDS  
RESIDENTIAL CARE

### CARE TEAM

Sandra, Rachael,  
Hollie & Bernadette

### HOSPITALITY TEAM

Charlotte, Zara &  
Sophie

### ADMIN TEAM

Donna



## New website

We are proud to announce our website has been redesigned and improved for greater usability. The new website is a great platform that really celebrates all that we do and offer here at St Bernards, and a place to visit for all the latest news and developments in the home.

## Video Content

You may have noticed some additions to our website such as video content! We have partnered with Heather Fisher, England Rugby 7's team player. The aim is to deliver content that helps inform us on better living as we get older.

## Social Media

St. Bernards has been active on the social media front, as it has proven to be a great tool to connect with friends and families! We have been sharing all kinds of highlights, from the activities happening in the home, to special announcements and even job openings!



@StBernardsCare



@StBernardsCare

# IN THE FACE OF COVID

It was March 2020, where the world was forced to recognise the seriousness of this virus that was quickly spreading across all continents. Like many other care homes, Covid entered our home, uninvited and unapologetic. Now that we have entered 2021, we look back at what was, and how we handled such a challenging time. It was down to the sheer resilience of the staff, the strength from the residents and kindness of strangers that brought St. Bernards Residential Care, back to light from that darkness.



## ACTIVITIES AT ST. BERNARDS

Activities is a very large part of St. Bernards Residential Care. The process of planning and taking part take time and effort, to ensure our residents get the very best out of their days. The activities team work closely with Owner, Patrick to ensure his vision of 'meaningful activities' are met.

The pandemic has meant that we have had to 'rethink' our approach to the activities we provide. It goes well beyond the role of just the activities team, but requires the effort of every single member of staff. At such a fragile time, where residents having to be shielded and away from their loved ones - the staff at St. Bernards have become their family.

*Engage*, is the initiative that exercises the approach that every member of staff has a role in our residents life, whether that is to simply stop, pause and spend meaningful time with a resident or walking into a room and making sure it is a nice setting for them. Activities such as 1-2-1 time with residents such as a walk in the garden or sharing a puzzle is a great way to exercise 'Engage'. Socially distanced activities are the norm now such as food tasting, pop up shops and stalls, arts and crafts for mindfulness and so much more. To get a break down of activities in 2021, please visit our website, under News and Events > Save the Date.

[www.stbernardscare.co.uk](http://www.stbernardscare.co.uk)

## WE ARE HIRING

We have vacancies in hospitality and care! We would love to hear from you if you have a passion for care and love working as part of a strong team. Email: [info@stbernardscare.co.uk](mailto:info@stbernardscare.co.uk) to register your interest.



## REFLECTIONS BY STAFF AT ST. BERNARDS

They say home is where the heart is and boy does St. Bernard's have the biggest heart pumping each and every day with love compassion and the closest thing to family you will ever experience it truly is a home from home along the journey people say their last words leaving us with a lifetime of memories engrained on our hearts and as we hit the floor with sadness a new day dawn's and we are ready with open arms to start the whole journey again, hold on tight the experience will leave you never the same again through tears laughter we have one thing in common the best for all.

*By Carer, Catherine Griffith*

TO ALL OUR WONDERFUL STAFF AND FRIENDS OF ST. BERNARDS WHO SHOWED SO MUCH KINDNESS TO US AT SUCH A DIFFICULT TIME, WE WELCOME 2021 WITH OPEN ARMS

*Thank you*