



St. Bernards News

Your guide to life at St Bernards



Message from the Manager, Tracey Chester

Our Care Manager. Tracey has worked at St Bernards since 1998. Tracey will leave her Registered Manager role at the end of July and will take a short break to then return in September as part of the care team. Tracey has been a dedicated, inspiring and truly wonderful support to families, staff and residents alike. Tracey's focus has always been the

care and relationship she has with her residents and their friends and family.

Following Tracey's news we have spoken at length to Emma Biddle, our Deputy Manager, and we are proud to announce that she has accepted the Registered Manager post. She has already commenced her level 5 in Health and Social care and brings over 27 years care experience to the role. We are so very lucky as Emma brings continuity to the Management of the Home which we are sure will bring continued stability for all. We are am sure you will all welcome and support Emma in her new role.



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Wellness Month - April

We explored together the practice of “Mindfulness”. Patrick has personally found this very beneficial in his own daily personal life and he wanted to give the residents and staff a “taster” so to speak of how it can benefit us.

The staff and residents enjoyed massages, sushi, afternoon cake and tea, fresh orange juice, Poetry and Art Day, a Music Day and a perfume day. Ending the month with a party day.



Celebrations at St Bernards

Here are few snippets of some of the festivities that have been celebrated so far this year...



St Patrick's Day

St Patricks day was celebrated with an Irish inspired lunch topped with a Bailey's and a live singing session with singer Andrew Cockerill.



King Charles III Coronation Day

Celebrations were in full swing at St Bernards for the coronation of King Charles III. Residents and staff enjoyed cake and drinks whilst they watched the royal events proceed throughout the morning.



Resident News: Joyce Fitter's Story

Joyce, now 86 years old, has worked as a carer in the Care industry for a span of 50 years.

Joyce's moto is to 'keep it simple', she would always carry a pair of scissors and a comb on her person attending to the needs of the residents as she carried out her daily tasks. When the residents would wake up their hair was combed, hearing aids were put in and teeth and glasses were cleaned! Joyce spoke of the occasions when she would find false teeth and hearing aids inside of pillowcases when they had been forgotten to be taken out the previous night. She even said that sometimes false teeth would make their way into the washing machine!

Joyce did comment that she feels strongly nowadays there is too much "paperwork" and she feels sorry for the staff who have to fill in so many forms!

There are many stories that Joyce has of her time at St Bernards, one of which is the time when she baked an apple pie at her home to bring in for the residents. On that day it snowed heavily, however, Joyce was determined that she was not going to disappoint the residents and not let them go without dessert. She therefore decided to walk from her house to the Home. She fell a couple of times in the snow and had icicles in her hair by the time she reached the Home but she managed to deliver the apple pie in one piece. This truly shows how dedicated Joyce was to the residents and the Home.

Joyce feels so comfortable at the Home that she is now a resident along with her little dog Hamish.

Our Staff Reaching for the Stars at St Bernards



Daniela has started to study Healthcare Management, to consolidate her 9 years of working in the care sector experience with the educational/professional field.

And Christina who produces amazing cakes at the Home is studying Business Management, she has worked 7 and half years at the Home.

Upcoming Events & Continued Activities at St Bernards

The Children from Tender Years Nursery have returned to visiting us very week with beaming smiles and happy laughter, bringing joy to the residents and staff.

The annual Event of St Bernards in Bloom is set to make a comeback

this year with a date set for Saturday 24th June.

St Bernards hosted another fabulous Quiz night. Enjoyed by staff and residents.

We have the return of the Summer Fete on July 22nd.



Welcome to our new staff members

We give a warm welcome to:

Madison Beehre	Emma Cave
Rosemary Ozulumba	Renay Hylton
Mandy Hannigan	Rachel Newcombe
Leanne Inkersole	Janice Hawkins
Dominique Fannin	Anishta Gill
Jade King	Alan Hung
Gloria Adediran	Milly Lewis

A farewell to the following staff members

Farewell and all the best for the future to:

Debbie James	Mandy Hannigan
Andrea McKinley	Dominique Fannin
Julie Robinson	Leanne Inkersole
Saleha Tabessium	Hannah Jennings
Brooke Clark	Abdul Majid

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